

Bethel Presbyterian Review

The Pastor's Corner

In these difficult times I thought I might share with you a meditation for us to consider all we have to be thankful for. Let's reflect on the things we sometimes take for granted.

Things We Take For Granted: SECURITY
The clothes you wear: Think of all of your clothes what are your favorites? What are your least favorites? There is someone like you, right here in this country, that only has one outfit to wear at all.

The food you eat: What are your favorites? What are your least favorites? There is someone your age, in this area of the state, so hungry right now that your least favorite food to them would be considered a feast.

The home you live in: What is your favorite room? What chore or aspect of home ownership or rental do you hate the most? There is someone your age within 60 miles of your hometown with no place to live who would gladly do your most-hated chore for a chance to lay their head on a bed they could call their own.

Things We Take For Granted: FRIENDS

Who is your best friend? What are the qualities you like about them the most? Can you think of a friend you have grown apart from? Is the distance really worth whatever the reason was that caused it? When was the last time your best friend heard how much you care for them?

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When was the last time you took the effort to bridge the gap between you and someone who has hurt your feelings? It takes two people to create distance, and one "I'm sorry" can go a long way towards bringing old friends together.

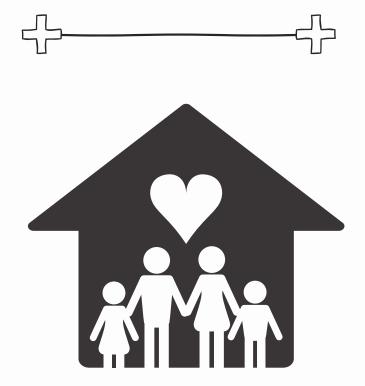
Things We Take For Granted: FAMILY

What are some of the best times you've had with your Family? What are the little things that family members do that drive you crazy? If distance has been created, is it worth it? Think of how the blessings of your family life have contributed to the life you have, the things you enjoy, and the values you profess. When was the last time you really told your family members how much you appreciate and love them?

Things We Take For Granted: FAITH

When was the last time you really prayed? Not just asking for something, but talking to God. Not just talking but listening, too. Think through your life and all of the things that God has blessed you with. When was the last time you simply thanked Him? Church, Sunday school, and the many organizations within the church can help you to take care of your spiritual self. What kind of commitment can you make in regard to regular participation in some of these activities to make sure life's most important and precious blessings, moments, and people don't become Things We Take For Granted.

Food for thought...Pastor Todd



FEBRUARY



Jacob Holt 2/2 Jordan Comer 2/5 Susan Wyatt 2/5 Sarah Wiley 2/6 Wendy Benson 2/7 Daniel McRee 2/7 Travis Galliher 2/10 2/11 George Cowman Ben DiBastiani 2/12 Gail Thomas 2/16 **Gregory Thomas** 2/16 2/20 Shelby Jones Jessica Messenger 2/22 Lindsay Saneman 2/22 2/23 Gary Lowe Kelley Saneman 2/23 Sarah Fielder 2/24 2/24 Ruth Walker Douglas Smith 2/25 Jack Mory 2/26



Keith & Kristin Comer 2/14 David & Sue Hinkley 2/16 Eric & Wendy Benson 2/27

2022 Per Capita

The Per Capita fee for each congregation member for 2022 is **\$38.13.** Please be sure to submit your portion by the end of the year.

Thank you!



Shower of Cards

Our featured Bethel Members for February are:

The Comaty Family (Stephen, Rebecca, Joseph and Ben) 2803 Blythe Ct. Baldwin, MD 21013 Send a little Sunshine!
Each month we select
a member (or
members) to shower
with cards or notes of
love, support,
encouragement and
good cheer!



The Deacon's Committee is happy to provide a selection of notecards in the foyer. They are available year-round for anyone who would like to send a card



We uphold the following members, relatives and friends in our prayers and pray God's healing upon them:

- Doris Lytle
- Nelson Berigtold
- Richard Dukes, son-in-law of Pastor Todd
- The family of Dan Scott
- Louis Berlin, friend of Dan & Mary Beth Scott
- Arch Phillips, cousin of Lynda McRee
- Janet Carty, friend of Nancy Mory
- The Berlage Family
- Doug Arnold
- Sandy Hughes
- Charles McKenzie, father of Gail Lowe
- Holly Robinson, sister of Becca Smith
- Barbara Kirchner, mother of Dave Kirchner
- Ed Calary
- Max Montfort, friend of Tom and MaryLee Swift
- Dorianne Griffey
- Janet Kauffman
- Kelly Jarrett Reeves and Robbie Reeves, son & daughter-in-law of the Reeves
- Brendan Lins, grandson of Ron & Andi Holmes
- Henry Kraft, grandson of Gail & David Thomas
- Frank Clement, friend of Sam & Marsha Brooks
- John Dorn, friend of John and Rita Cairnes
- Beverly Schmidt
- George Cowman
- Howard Eisner
- George Denbow
- Jessica Sambor
- Debbie Dahl, friend of Lisa Robbins

Congratulations



to The Sayler Family on the baptism of Rhett William Sayler on January 9th, 2022







Get Well Wishes

A note from Doris Lytle's daughter-in-law, Paula:
Doris fell on New Year's Day and broke her hip. She is
recovering in room 313, at Spiritrust Lutheran home in
Shrewsbury. Even though she hasn't been able to
attend church in a long time, Bethel still is very close
to her heart. If anyone would like to send her a get
well card, the address is:

Doris Lytle 200 Luther Dr. #313 Shrewsbury, PA 17361



SEVEN-CAN SOUP submitted by Lynda McRee

1 (14-16 ounce) can chili, no beans

1 (14-16 ounce) can black beans

1 (14-16 ounce) can great northern beans

1 (14-16 ounce) can pinto beans

1 (14-16 ounce) can corn

1 (14-16 ounce) can diced tomatoes

1 (10 ounce) can roasted diced tomatoes with Green chilies

Optional: 8 ounces cream cheese

Open the cans. Do not drain. Pour cans' contents into a large Dutch oven or stock pot and stir until combined. Heat over medium heat, stirring occasionally. Cook for 20–25 minutes, until heated through.

If using, cut cream cheese into about 8 pieces. Add after soup has cooked for about 15 minutes, stirring until cream cheese is well combined. Continue cooking for time remaining. Add pepper or other spices as desired. May use low-salt canned beans.

Serve with cornbread or crackers.



Do you have a recipe to share?

We'd love to feature **your** favorite recipe in a future newsletter. Please email your submission to *lisa@bethel-md.org* or drop off a copy to the church office. Everyone loves those tried-and-true recipes from our church community!

Bethel Family Life

Sam & Marsha Brooks escaped the frigid Maryland temps while enjoying the Marshwalk in Murrell's Inlet, South Carolina







Notes from Bethel's Bulletin Board

Winter (especially in a pandemic) can feel long and wearying. But we can look for moments of joy even in the midst of this slower season. Here are some encouraging words from the Bethel Women's Group about how to focus on your gifts. We're all in this together.



"We have seasons when we flourish and seasons when the leaves fall from us, revealing our bare bones. Given time, the leaves grow again."
-from Wintering by Katherine May

"Your beliefs become your thoughts, Your thoughts become your words, Your words become your actions, Your actions become your habits, Your habits become your values, Your values become your destiny."

— Gandhi

"But you, O Lord, are a shield around me; you are my glory, the one who holds my head high." -Psalm 3:3









Pause for Poetry

Dust of Snow By Robert Frost

The way a crow
Shook down on me
The dust of snow
From a hemlock tree

Has given my heart A change of mood And saved some part Of a day I had rued.





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